

2021-22 School Year
Enrollment Guide

Whole Year Curriculum

CREA
MOVEMENTTM
DANCE FOR SCHOOLS *presents*
HIGH SCHOOL DANCE CURRICULUM

About Dance for Schools

Dance for Schools is the leading curriculum provider for K-12 Dance Education. We provide educators comprehensive and standardized dance curriculum to teach movement and technique, composition and choreography, creative movement, and history.



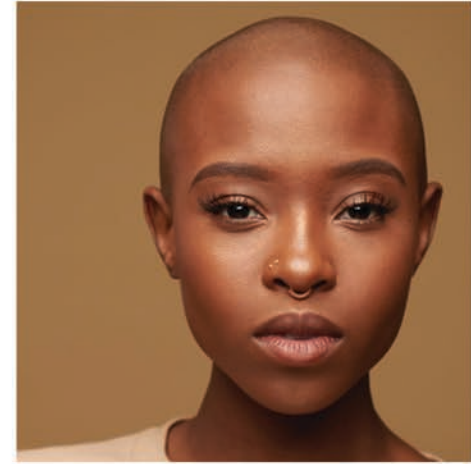
Winifred R. Harris

Owner, Modern Dance & Ballet
Content Developer



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Owner, Swing Dance
Content Developer



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Afro-Jazz, Lyrical Jazz, &
Broadway Jazz Content Developer



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Hip Hop
Content Developer



Lucienne Ndoutou

Hip Hop
Content Developer



Lesson Plans for EVERY DAY

01 Straight Arms



Summary

In this lesson, dancers are introduced to straight port de bras and body shapes. In center, they explore posture and alignment, parallel position, port de bras, and a stretch routine. They apply straight shapes to across the floor progressions and a movement phrase, including circular pathway and the use of levels.

- HS Proficient DA:Pr5.1.1.a. Embody technical dance skills (for example, functional alignment, coordination, balance, core support, clarity of movement, weight shifts, flexibility/range of motion) to retain and execute dance choreography.
- HS Proficient DA:Re.7.1.1.a. Analyze recurring patterns of movement and their relationships in dance in context of artistic intent.

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Time

40 minutes

Essential Skills

In which dancers straight movement

Agenda

- 1) Warm-up
- 2) Across the Floor
- 3) Combination

Objectives

Content Objective

Students will explore straight lines and body shapes in warm-up, across the floor progressions, and a combination.

Language Objective

Orally or in writing, students will identify and describe ways in which dancers create straight lines and body shapes.

Dancer's Posture

Isolation
Roll Down
Port de Bras
Stretch
Plié
Circular Pathway
Body Shape
Levels
Upstage

Identify

- "I notice straight lines in the _____"

Describe

- "This shape has straight lines, because _____"

Compare

- "Two shapes that have straight lines are _____ and _____"

Lesson Overview

Warm-up

- 1) Dancer's Posture
- 2) Isolation
- 3) Roll Down (and Up) the Spine
- 4) Port de Bras (Straight Arms)
- 5) Stretch Sequence 1 (Parallel Feet)

Across the Floor

- 1) Straight Port de Bras and
- 2) Airplane Arms (Upstage On)

Combination

- 1) Straight Shapes

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Modern Dance

Modern Dance

Background Information

From the tallest architecture to animated movies, our world is defined by lines. They control one's eye by indicating edge and movement. A dancer's body explores all different lines in all different planes. They may vary in direction (vertical, horizontal, diagonal), shape (straight, curved, spiral, angular), size (long, short), and quality (soft, hard). While there is no 'bad' line, there is 'good' intention. As artists, dancers strive to draw bodylines that are purposeful and full of energy.

Warm-up

01 Dancer's Posture

Vocabulary

Dancer's Posture – the way in which a dancer holds their body.

- Lifted through legs
- Neutral pelvis
- Abdominals in
- Lifted chest
- Shoulders down
- Tall neck
- Chin in

(The term *alignment* will be used later in curriculum.)

Exercise

- From starting position, guide students to hold a *Dancer's Posture*. Work from the ground up to the head.
- Once established, have students breathe full breaths for 30 seconds: in through the nose and out through the mouth.

Starting Foot Position

2nd Parallel

Starting Port de Bras

Natural Low

Check for Understanding

- Lifted through legs
- Neutral pelvis
- Abdominals in
- Lifted chest
- Shoulders down
- Tall neck
- Chin in

Music

None

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Lesson 01 | 3

Crea Movement Dance Curriculum Highlights



National Core Arts Standards Aligned

Lessons align to national standards for performance and technique, choreography and composition, understanding dance personally and historically, and developing as an artist.



14 Units of Study | 40-min Lessons

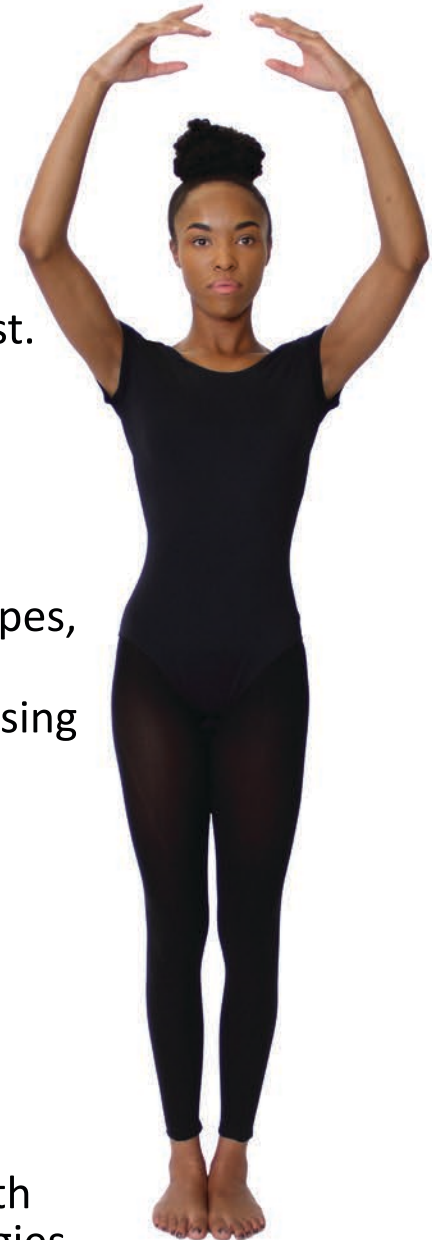
Modern Dance: 1) Straight & Round Shapes, 2) Angular Shapes, 3) Spiral Shapes, 4) Percussive Energy, 5) Sustained Energy, 6) Suspended & Collapsing Energies, and 7) Swinging Energy

World Dance: 8) Traditional West African, 9) Afro-Jazz, 10) Swing Dance, 11) Ballet, 12) Lyrical Jazz, 13) Hip Hop, and 14) Broadway Jazz



Instructional Videos for Every Unit

Instructional videos accompany each lesson and series of movements. They include a follow-along demonstration with counts, breakdowns of techniques, and instructional strategies.



Lesson Highlights



Movement Breakdowns & Instructions

Helps teachers remember movement series with counts, instructional tips, and Checks for Understanding



Content-Language Objectives

Daily goals include verbal and written vocabulary and ELA supports



Diverse Word Walls

Printable Word Walls include pictures of a variety of young dancers with diverse bodies and ethnic backgrounds



Assessments & Rubrics

Student-friendly assessments and rubrics are included with each Unit, composition task, and project



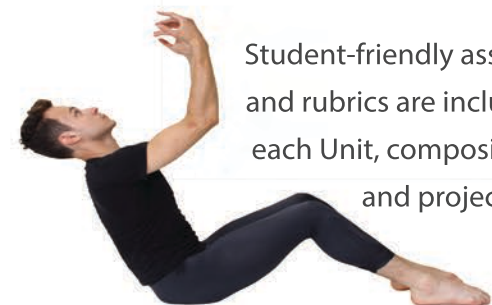
Printable Resources

Unit includes a variety of printable resources, such as data sheets, graphic organizers, and exit slips

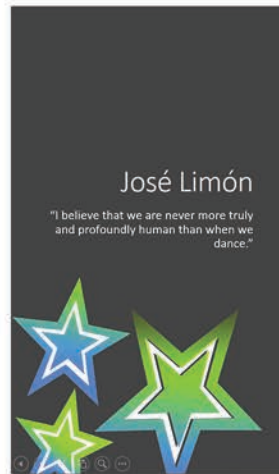
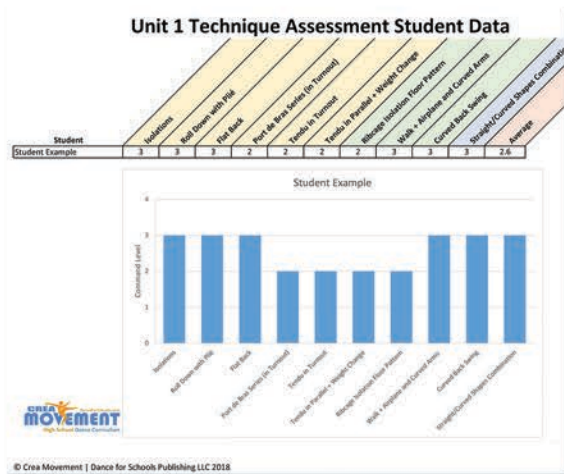


Differentiation

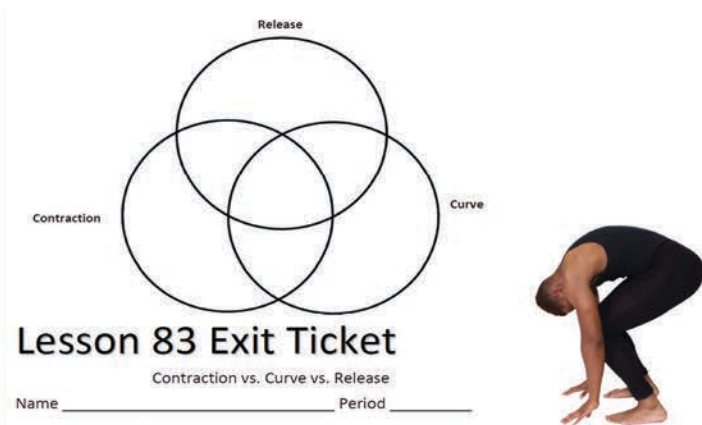
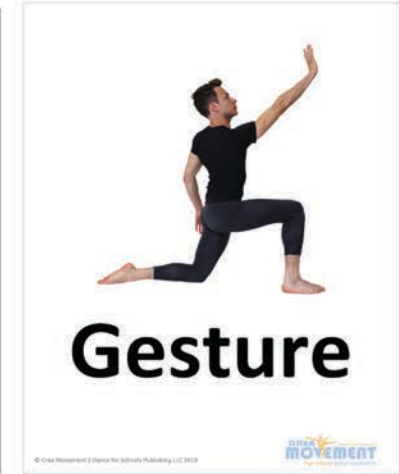
Each movement section includes strategies and tips for intentional differentiation



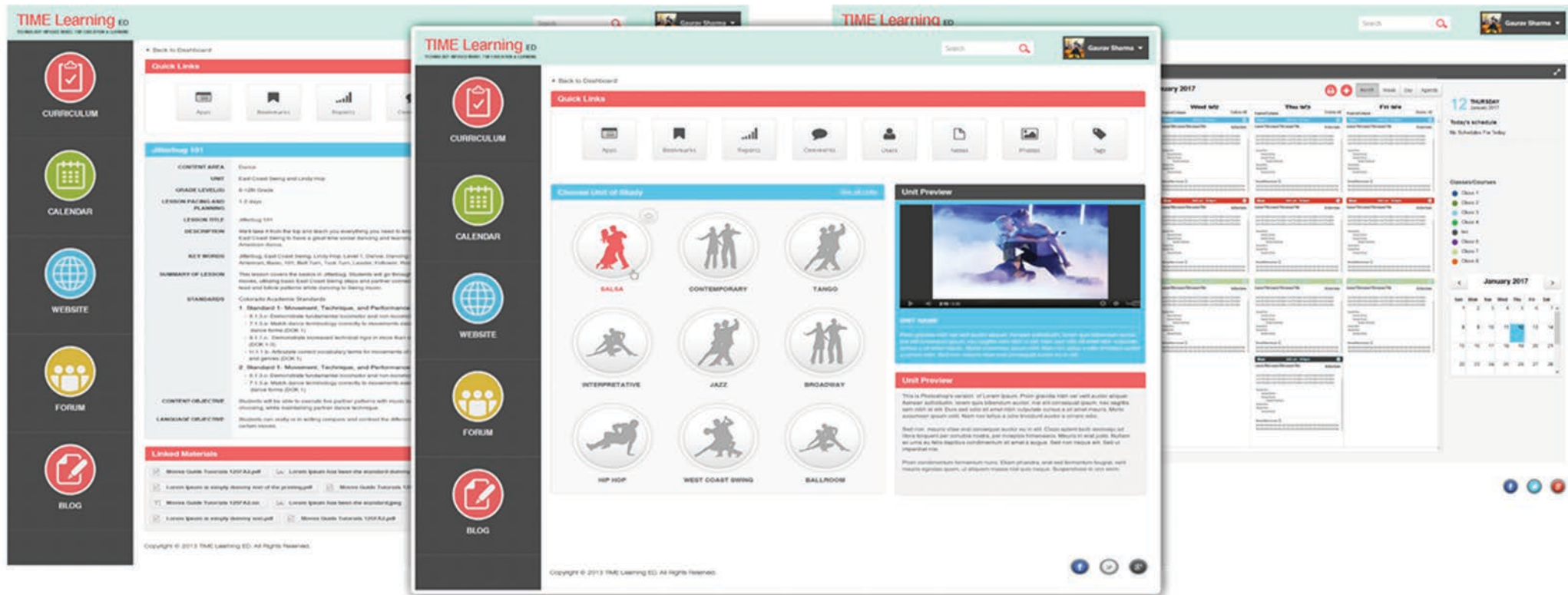
Example Instructional Resources



CREA MOVEMENT



More than a Lesson Plan!



Crea Movement[™] is organized in an easy-to-use **Online Teacher Portal** and includes printable lesson plans and resources, instructional videos, calendar, teacher-to-teacher forum, and readymade teacher website.



Crea Movement Dance Curriculum Pricing

1 Year Subscription

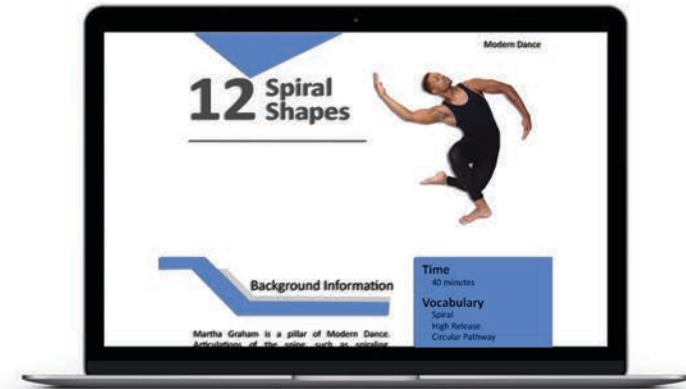
Single Teacher: \$2,900

School District*: \$2,700

3 Year Subscription

Single Teacher: \$7,500 (\$2,500/year)

School District*: \$6,825 (\$2,275/year)



*Two or more teachers in same school district. Cost is per teacher.

In-District Professional Development

Engaging, Meaningful, and Personally Relevant

Whether it's for *curriculum launching* or mid-year inspiration, we offer comprehensive support for teachers. Each Professional Development is customizable to your needs. Utilize our training for:

- Start-of-year Curriculum Launch and Implementation
- Deep Dive into standards, instruction, assessment, and/or use of academic language
- Master classes for teachers or students
- Dance residencies with students
- Team building for teachers, students, or teams
- Combining multiple disciplines (i.e. core content and dance)

Sign up 3 or more teachers and receive a FREE PD day for the 2020-21 school year!*



*Promotion does not include cost of transportation and housing



Out-of-District Professional Development

Engaging, Meaningful, and Personally Relevant

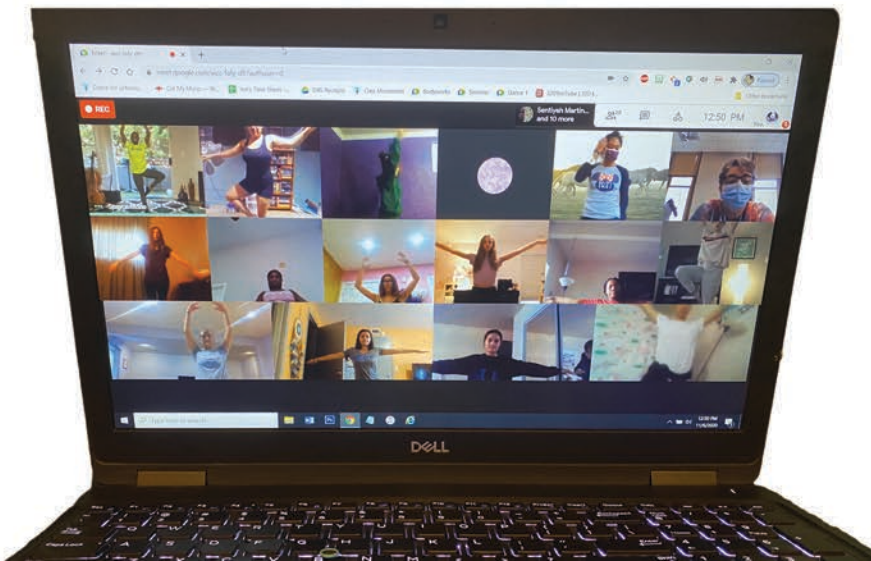
Individuals

We offer FREE virtual support for individual teachers who are teaching Crea Movement | High School Dance Curriculum. Whether it is to be a thought partner, how to best implement the curriculum, or explore classroom management strategies, we are here for you!

We also offer free onboarding to help you understand the curriculum structure, resources, and instructional materials.

Teams

All of our in-district professional development options are available virtually.



Contact Us



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