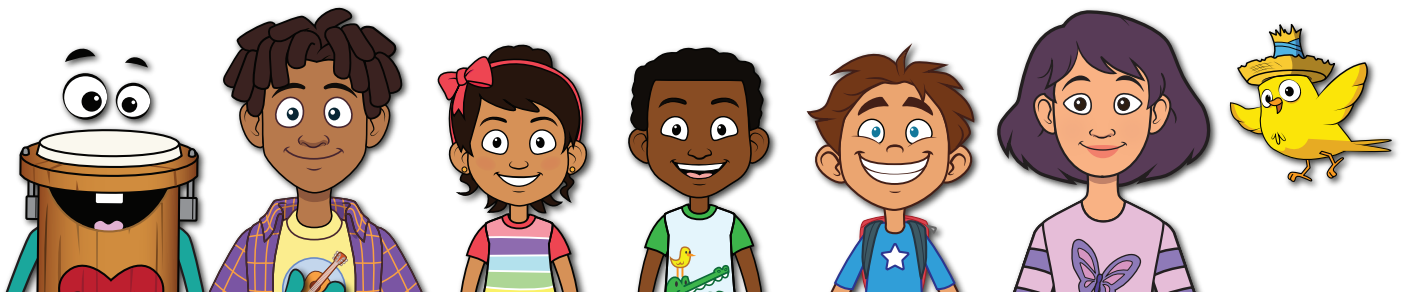




# Kindergarten SEL Curriculum Scope and Sequence





# Scope and Sequence

WEEK	KINDERGARTEN LESSON	SEL COMPETENCY/SUB-COMPETENCY
1	I Am Happy	Self-Awareness / Identifying Emotions
2	Following Rules	Self-Management / Self-Discipline
3	Learning to Listen	Social Awareness / Respect for Others
4	Making Friends	Relationship Skills / Relationship-Building
5	I Care	Responsible Decision-Making / Ethical Responsibility
6	I Am Confident	Self-Awareness / Self-Confidence
7	I Am Growing	Self-Management / Goal-Setting
8	Please & Thank You	Social Awareness / Respect For Others
9	Working Together	Relationship Skills / Teamwork
10	Finding My Way	Responsible Decision-Making / Solving Problems
11	Discovering My Strengths	Self-Awareness / Recognizing Strengths
12	Putting Things in Order	Self-Management / Organizational Skills
13	I Am Different from You	Social Awareness / Perspective-Taking
14	Sharing & Taking Turns	Relationship Skills / Social Engagement
15	What Is a Problem	Responsible Decision-Making / Identifying Problems
16	How I Feel	Self-Awareness / Accurate Self-Perception
17	I Feel Overwhelmed	Self-Management / Stress Management
18	We Are Different	Social Awareness / Appreciating Diversity
19	Talking to Each Other	Relationship Skills / Communication
20	What's Happening	Responsible Decision-Making / Analyzing Situations
21	I Think I Can Do It	Self-Awareness / Self-Efficacy
22	Controlling Myself	Self-Management / Impulse Control
23	Understanding Others' Feelings	Social Awareness / Empathy
24	Asking Smart Questions	Responsible Decision-Making / Evaluating
25	How to Get out of Bed	Self-Management / Self-Motivation
26	TBD	TBD
27	TBD	TBD
28	TBD	TBD
29	TBD	TBD
30	TBD	TBD
31	TBD	TBD
32	TBD	TBD
33	TBD	TBD
34	TBD	TBD
35	TBD	TBD



# Competency Map

COMPETENCY	SUB-COMPETENCY	KINDERGARTEN
Self-Awareness	Identifying Emotions	Week 1: I Am Happy
	Self-Confidence	Week 6: I Am Confident
	Recognizing Strengths	Week 11: Discovering My Strength
	Accurate Self-Perception	Week 16: How I Feel
	Self-Efficacy	Week 21: I Think I Can Do It
	Self-Motivation	Week 25: How to Get out of Bed
Self-Management	Self-Discipline	Week 2: Following Rules
	Goal-Setting	Week 7: I Am Growing
	Organizational Skills	Week 12: Putting Things in Order
	Stress Management	Week 17: I Feel Overwhelmed
	Impulse Control	Week 22: Controlling Myself
Social Awareness	Respect for Others	Week 3: Learning to Listen
	Respect for Others	Week 8: Please & Thank You
	Perspective-Taking	Week 13: I Am Different from You
	Appreciating Diversity	Week 18: We Are Different
	Empathy	Week 23: Understanding Others' Feelings
Relationship Skills	Relationship-Building	Week 4: Making Friends
	Teamwork	Week 9: Working Together
	Social Engagement	Week 14: Sharing & Taking Turns
	Communication	Week 19: Talking to Each Other
Responsible Decision-Making	Ethical Responsibility	Week 5: I Care
	Solving Problems	Week 10: Finding My Way
	Identifying Problems	Week 15: What Is a Problem
	Analyzing Situations	Week 20: What's Happening
	Evaluating	Week 24: Asking Smart Questions