

# K-2 Curriculum Map



Week	Coordination Kit	Health Ed Journeys	PE Journeys	SEL Journeys
1	See CATCH	Let's GO CATCH! (Foundational Health Literacy)	Welcome to Physical Education & Safety Practices	Self-Awareness Anchor
2			Cooperative Activities & Parachute	Self-Awareness: Emotions
3				Self-Awareness: Knowing Myself
4				Self-Awareness: My Strengths
5				Self-Awareness: Self-Confidence
6			Fundamental Movement Concepts: Locomotor, Non-Locomotor & Manipulative	Self-Awareness: Growth Mindset
7		My Health Journey #1	My PE Journey #1	My SEL Journey #1
8	Hear CATCH	Nutrition & Physical Activity	Manipulative Skills: Throwing & Catching	Relationship Skills Anchor
9				Relationship Skills: Being Friendly
10				Relationship Skills: Communication
11			GO-SLOW-WHOA Nutrition Games	Relationship Skills: Making Friends
12				Relationship Skills: Teamwork
13				Relationship Skills: Group Dynamics
14		My Health Journey #2	My PE Journey #2	My SEL Journey #2
15	Do CATCH	Physical Health & Hygiene	Manipulative Skills: Dribbling & Passing	Self-Management Anchor
16				Self-Management: What is Stress?
17				Self-Management: Impulse Control
18			Procedure Review & Cooperative Games	Self-Management: Effort
19			Gymnastics Skills, Flexibility, Muscular Strength & Endurance	Self-Management: Setting Goals
20				Self-Management: Organization
21		My Health Journey #3	My PE Journey #3	My SEL Journey #3
22	Engage with CATCH	Mental Health & Wellness	Rhythm Activities, Jump Rope & Cardiovascular Endurance	Social Awareness Anchor
23				Social Awareness: Empathy
24		Substance Misuse Prevention	Manipulative Skills: Volleying	Social Awareness: Thinking About Others
25				Social Awareness: Diversity & Differences
26		My Health Journey #4		Social Awareness: Respect for Others
27				Social Awareness: Appreciating Cultures
28		My Health Journey #4	My PE Journey #4	My SEL Journey #4
29	Celebrate & Sustain	Staying Safe	Manipulative Skills: Striking	Responsible Decision-Making Anchor
30				Responsible Decision-Making: Identifying Problems
31			Manipulative Skills: Dribbling (Feet) & Kicking	Responsible Decision-Making: Noticing Details
32				Responsible Decision-Making: Solving Problems
33				Responsible Decision-Making: Reflecting
34			Environmental Awareness & Safety Practices Outdoor & Recreational Pursuits	Responsible Decision-Making: Healthy Choices
35		My Health Journey #5	My PE Journey #5	My SEL Journey #5
36		Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success

# 3-5 Curriculum Map



Week	Coordination Kit	Health Ed Journeys	PE Journeys	SEL Journeys
1	See CATCH	Let's GO CATCH! (Foundational Health Literacy)	Welcome to Physical Education & Safety Practices	Self-Awareness Anchor
2			My Health Journey #1	Self-Awareness: Emotions
3				Cooperative Activities & Parachute
4		Fundamental Movement Concepts: Locomotor, Non-Locomotor & Manipulative		Self-Awareness: My Strengths
5				Self-Awareness: Self-Confidence
6				Self-Awareness: Growth Mindset
7				My SEL Journey #1
8	Hear CATCH	Nutrition & Physical Activity	Manipulative Skills: Throwing & Catching	Relationship Skills Anchor
9				Relationship Skills: Being Friendly
10			Relationship Skills: Communication	
11		GO-SLOW-WHOA Nutrition Games	Relationship Skills: Making Friends	
12			Relationship Skills: Teamwork	
13			Relationship Skills: Group Dynamics	
14		My Health Journey #2	My PE Journey #2	My SEL Journey #2
15	Do CATCH	Physical Health & Hygiene	Manipulative Skills: Dribbling & Passing	Self-Management Anchor
16				Self-Management: What is Stress?
17		Mental Health & Wellness	Procedure Review & Cooperative Games	Self-Management: Impulse Control
18			Self-Management: Effort	
19			Gymnastics Skills, Flexibility, Muscular Strength & Endurance	Self-Management: Setting Goals
20			Self-Management: Organization	
21		My Health Journey #3	My PE Journey #3	My SEL Journey #3
22	Engage with CATCH	Substance Misuse Prevention	Rhythm Activities, Jump Rope & Cardiovascular Endurance	Social Awareness Anchor
23				Social Awareness: Empathy
24			Social Awareness: Thinking About Others	
25		Manipulative Skills: Volleying	Social Awareness: Diversity & Differences	
26			Social Awareness: Respect for Others	
27		My Health Journey #4		Social Awareness: Appreciating Cultures
28			My PE Journey #4	My SEL Journey #4
29	Celebrate & Sustain	Staying Safe	Manipulative Skills: Striking	Responsible Decision-Making Anchor
30				Responsible Decision-Making: Identifying Problems
31			Manipulative Skills: Dribbling (Feet) & Kicking	Responsible Decision-Making: Noticing Details
32				Responsible Decision-Making: Solving Problems
33		Environmental Awareness & Safety Practices Outdoor & Recreational Pursuits	Responsible Decision-Making: Reflecting	
34			Responsible Decision-Making: Healthy Choices	
35		My Health Journey #5	My PE Journey #5	My SEL Journey #5
36		Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success

# 6-8 Curriculum Map



Week	Coordination Kit	Health Ed Journeys	PE Journeys	SEL Journeys
1	See CATCH	Let's GO CATCH! (Foundational Health Literacy)	Welcome to Physical Education & Safety Practices	Self-Awareness Anchor
2			My Health Journey #1	Self-Awareness: Emotions
3				Cooperative Activities & Parachute
4		Fundamental Movement Concepts: Locomotor, Non-Locomotor & Manipulative		Self-Awareness: My Strengths
5				Self-Awareness: Self-Confidence
6				Self-Awareness: Growth Mindset
7				My SEL Journey #1
8	Hear CATCH	Nutrition & Physical Activity	Manipulative Skills: Throwing & Catching	Relationship Skills Anchor
9				Relationship Skills: Being Friendly
10			Relationship Skills: Communication	
11		GO-SLOW-WHOA Nutrition Games	Relationship Skills: Making Friends	
12			Relationship Skills: Teamwork	
13			Relationship Skills: Group Dynamics	
14		My Health Journey #2	My PE Journey #2	My SEL Journey #2
15	Do CATCH	Mental Health & Wellness	Manipulative Skills: Dribbling & Passing	Self-Management Anchor
16				Self-Management: What is Stress?
17		My Health Journey #3	Procedure Review & Cooperative Games	Self-Management: Impulse Control
18			Self-Management: Effort	
19			Muscular Strength, Flexibility & Endurance	Self-Management: Setting Goals
20			Self-Management: Organization	
21			My PE Journey #3	My SEL Journey #3
22	Engage with CATCH	Substance Misuse Prevention	Rhythm Activities, Jump Rope & Cardiovascular Endurance	Social Awareness Anchor
23				Social Awareness: Empathy
24			Social Awareness: Thinking About Others	
25		Performance Strategies: Net Wall Games	Social Awareness: Diversity & Differences	
26			Social Awareness: Respect for Others	
27		My Health Journey #4		Social Awareness: Appreciating Cultures
28			My PE Journey #4	My SEL Journey #4
29	Celebrate & Sustain	Staying Safe	Performance Strategies: Fielding & Striking	Responsible Decision-Making Anchor
30				Responsible Decision-Making: Identifying Problems
31			Performance Strategies: Invasion Games	Responsible Decision-Making: Noticing Details
32		Responsible Decision-Making: Solving Problems		
33		Responsible Decision-Making: Reflecting		
34			Environmental Awareness & Safety Practices Outdoor & Recreational Pursuits	Responsible Decision-Making: Healthy Choices
35		My Health Journey #5	My PE Journey #5	My SEL Journey #5
36		Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success	Let's Go CATCH! Celebrate Success