



Skillastics®



Physical Activity Made Simple

Product
Catalog

Enjoyed by over 10 Million Students in More than 25,000 Programs Nationwide!

How Skillastics® Makes Physical Activity Simple



Skillastics® Activity Kits

- Easy to set up
- Simple for staff and students to learn
- Can accommodate up to 100 children actively engaged at one time

Full Physical Activity Curriculum

- Step-by-step lesson plans, for each Skillastics® Activity Kit
- 36-week detailed daily lesson plan outline
- Access to Skillastics® University extensive online video tips and ideas

Digital Specialty Programming

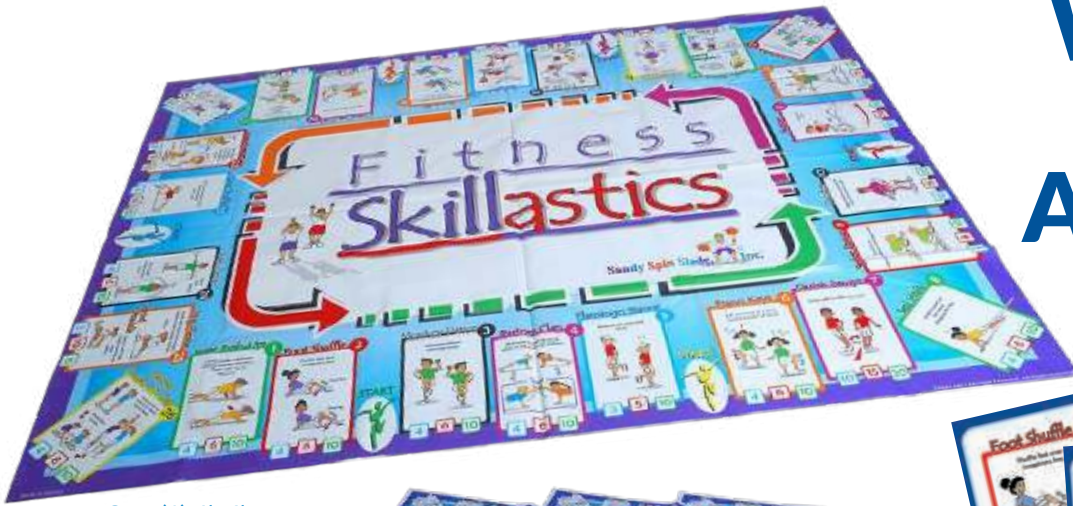
- Specialty Programs like Martial Arts and Mindfulness taught by national experts
- 30-Day Programming, consisting of 30- 40-minute daily lessons
- Self-run, unlimited access (use year after year)



Our students are having a blast and Skillastics® is changing their attitudes about physical activity!

-Christina "Tina" Smith
District Coordinator, THRIVE Expanded Learning
Stanislaus USD

What Each Skillastics® Activity Kit Includes



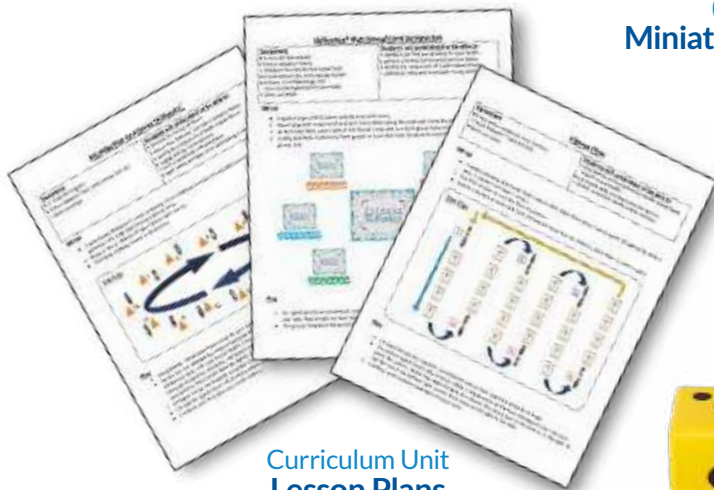
One (1) 4'x6' Oversized Game Mat



(6) 20"x27" Miniature Game Mats



Set of (26) 5"x7" Task Cards



Curriculum Unit Lesson Plans



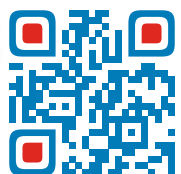
Access to Skillastics® University Online



(6) 3" Multi-Colored Dice
(6) 2" Multi-Colored Bean Bags



All of our Skillastics® Mats have detailed instructions and illustrations of each activity printed directly on them. Mats, Dice, and Bean Bags are made with high quality materials that will make the fun last for years!



Scan QR Code to the Right to See How Skillastics® Works!

Fitness Skillastics® Starter Package

From activity scarves to a wide range of fitness activities, the Fitness Skillastics® Starter Package is the perfect program to get your students started with Skillastics®. This package is a powerful resource designed around our most popular Skillastics® Activity Kit – Fitness Skillastics®. And by the way, your students will love it!



What's Included:

- Fitness & Halfpint Skillastics®
- Fitness Lesson Plan Manual
- Letter/Number Cards
- Physical Activity Digital Specialty Program
- Elementary Nutritional Cards
- 108 Activity Scarves School Pack
- Access to Skillastics® University
- Nutrition Card Custom Download
- Fitivities (family engagement)
- One (1) 6-color set of Poly Spot Markers
- Fitness Skillastics® Curriculum Guide

About Our Skillastics® After School Packages

We've created these packages with you in mind... giving you one less thing to worry about. No matter what your budget is we have a package that's just right for you. If for some reason these packages don't fit your needs, we will customize a package that's perfect for your program.



Scan QR Code to Learn all About the Fitness Skillastics® Starter Package!

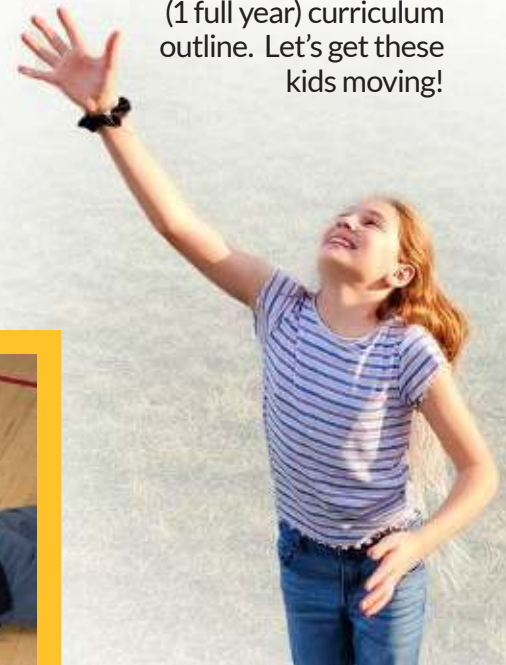
Skillastics® After School Package



What's Included:

- 10 Skillastics® Activity Kits
- Curriculum Guides for all Skillastics® Activity Kits
- After School Physical Activity Lesson Plan Manual
- Fitness Skillastics® Lesson Plan Manual
- Volleyball Skillastics® Lesson Plan Manual
- 36-Week Lesson Plan Outline
- Elementary Nutritional Cards
- Secondary Nutritional Cards
- Physical Activity Digital Specialty Program
- Basketball Digital Specialty Program
- STEM Custom Card Download
- Elementary Nutritional Cards Custom Download
- 108 Activity Scarves School Pack
- Fitivities (family engagement)
- 3 Sets (6-color), Poly Spot Markers
- Letter/Number Cards
- Access to Skillastics® University

Expose your students to Fitness, Sport Skill development, Character/SEL, Nutrition, and STEM with our most popular package. This powerful program is designed around 10 Skillastics® Activity Kits, as well as our basketball and physical activity 30-Day Digital Specialty Programs. Operating this After School Package Program is simple because it comes with lesson plan manuals and a 36-week (1 full year) curriculum outline. Let's get these kids moving!



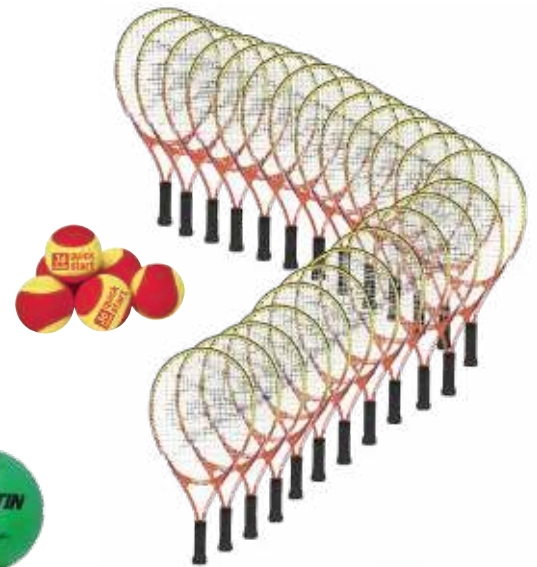
Scan the QR Code to Learn Why this Package is So Popular!

Ultimate After School Package

This package contains **EVERYTHING** from the Skillastics® After School Package **PLUS** Equipment (Basketballs, Soccer Balls, Volleyballs, Tennis Racquets and Tennis Balls).

What's Included:

- Everything from the Skillastics® After School Package
- **Plus** 24, Soccer Balls
- **Plus** 24, Basketballs
- **Plus** 24, Volleyballs
- **Plus** 24, 25" Tennis Racquets
- **Plus** 144, QuickStart Foam Tennis Balls



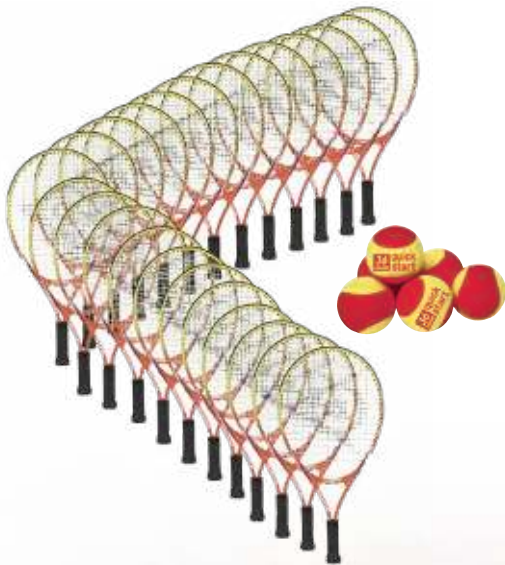
Scan QR Code to Get More Details on Our Ultimate After School Package!

Upgraded After School Package

This package contains **EVERYTHING** from the Skillastics® After School Package **PLUS** Upgraded Equipment (Basketballs, Soccer Balls, Volleyballs, Tennis Racquets and Tennis Balls).

What's Included:

- Everything from the Skillastics® Ultimate After School Package!
- With 24 **Upgraded** MAX Custom Skillastics® Basketballs
- With 24 **Upgraded** Soft-Touch Volleyball Trainers



Scan QR Code to Learn About the Advantages of Our Upgraded Equipment!

Speed Stacks Skillastics® Ultimate Package

Ever wanted to start a Cup Stacking program, but thought it might be too difficult? The Speed Stacks® Skillastics® Ultimate Package provides everything you need for a successful Sport Stacking Program with enough equipment for your entire class to participate at once. Everything pictured is included, **PLUS** the 30-day Digital Speed Stacks Specialty Program that allows experts to teach your students how to stack!



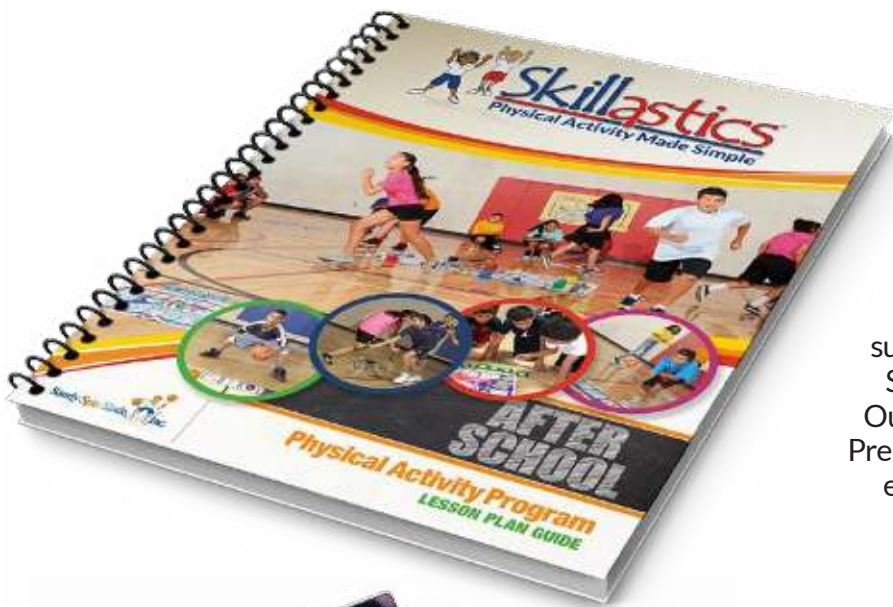
Speed Stacks Skillastics®
Activity Kit

Digital Speed Stacks
Specialty Program



Jumbo Cups
Oversize Fun!



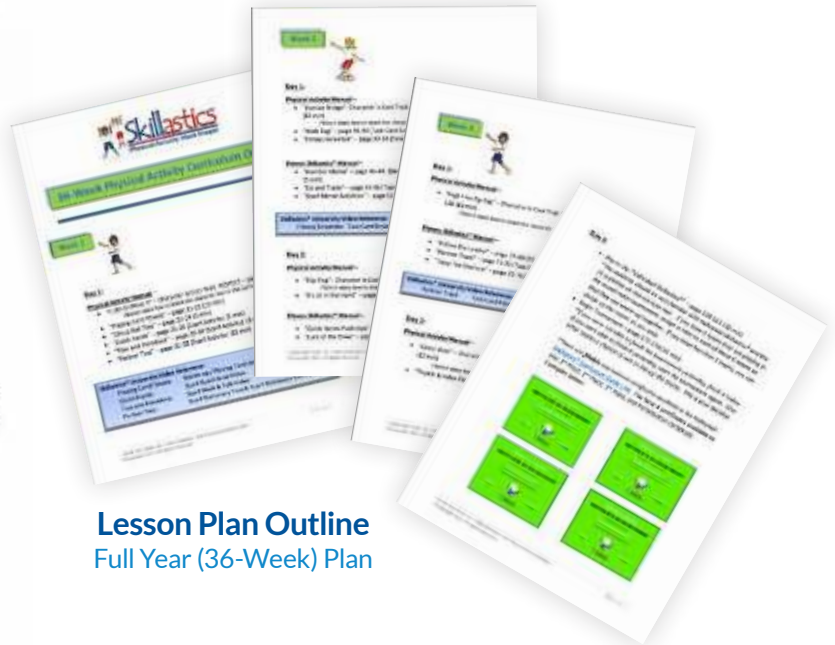


Curriculum & Lesson Plans

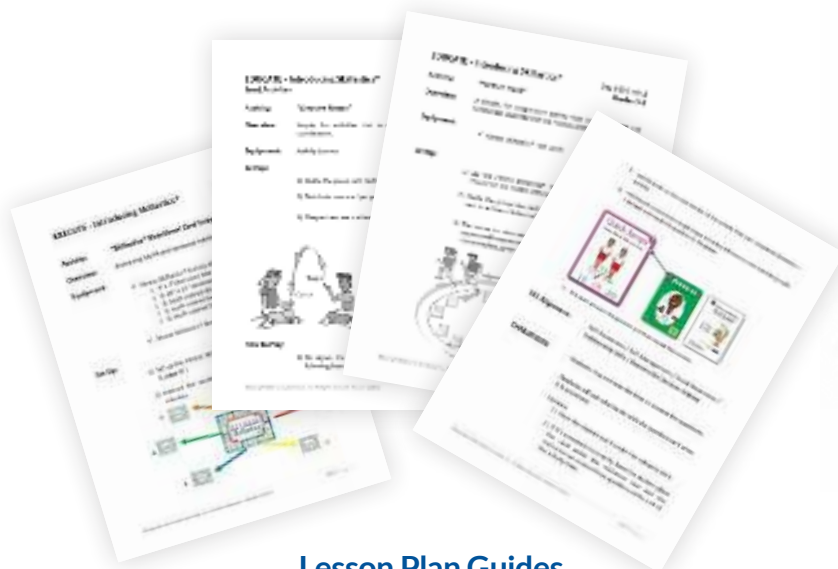
We've made it even simpler for your staff to be successful. Our step-by-step Lesson Plan Guides, Skillastics® University, and 36-week Lesson Plan Outline takes the guess work out of planning. The Prerecorded Tutorials are always at your fingertips, eliminating wasted time trying to train new staff.



Personalized Dashboard
Unlimited Access for Every Site



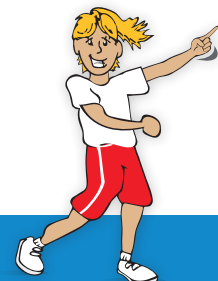
Lesson Plan Outline
Full Year (36-Week) Plan



Lesson Plan Guides
With Step-by-Step Instructions
Spiral Bound for Easy Reference



Prerecorded Tutorials
Digital Content at Your Fingertips



Scan QR Code for More Information on Our Curriculum and Lesson Plans!

Fitness

Skillastics® Activity Kits

Getting children excited about fitness can be a challenge. Skillastics® Fitness Activity Kits positively promote lifelong physical activity by encouraging maximum participation for all ages and abilities in a FUN, non-threatening atmosphere. The flexibility of Skillastics® can accommodate small or large groups of children. Up to 100 kids can be fully engaged playing Skillastics® at one time!



Fitness Skillastics® [GFF02]

- One of our most popular resources
- Puts FUN in Fitness
- Targets Grades 2-5



Fitness Xtreme Skillastics® [GFF05]

- An uptick in intensity compared to Fitness Skillastics®
- Challenging, yet fun
- Targets Grades 6-12



Speed Stacks Skillastics® [GFF13]

- Increase Sport Stacking Agility & Skills
- Enhances MVPA (*moderate to vigorous physical activity*) in your Cup Stacking Program
- Targets Grades 3-8



Let's Move in School Skillastics® [GFF10]

- Includes running, jumping, and throwing activities
- Mash up of Many Skillastics® Activity Kits
- Targets Grades 3-8

Sports

Skillastics® Activity Kits

Skillastics® Sports-Themed Activity Kits inspire all children to enjoy working on the basic fundamentals of sport specific skills. Self-esteem is enhanced and anxiety diminished when children of all skill levels can participate in a non-competitive, non-threatening environment.



Basketball Skillastics® [GFF01]

- The kit that started the Skillastics® movement!
- No baskets needed, but can be integrated
- Targets Grades 2-8



Soccer Skillastics® [GFF04]

- Activities include all fundamental skills for field players
- Individual, partner, & team activities
- Targets Grades 3-12



Tennis Skillastics® [GFF08]

- Featured at Arthur Ashe Kids Day US Open Tennis Event
- Enhances interest in a lifelong sport that include individual, partner, and team activities
- Targets Grades 3-8



Volleyball Skillastics® [GFF06]

- Includes a mixture of individual, partner, and team activities
- No volleyball nets needed
- Volleyball lesson plan manual available
- Targets Grades 3-12

Academic Enhanced Skillastics® Activity Kits



STEM Skillastics® [GFF12]

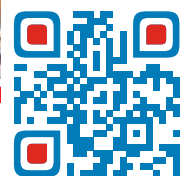
Mounting evidence has revealed an increase in physical activity reduces stress, improves concentration, and enhances academic performance. STEM Skillastics® goes even farther by combining movement and creativity with STEM questioning to create a balance of learning in an atmosphere of fun.



- Compliments the Next Generation Science Standards
- Unites all content areas by enhancing communication, reading, physical activity, math, and science
- **Add-On Option:** Customized STEM Question Template, adding unlimited STEM questioning
- Increases interest in STEM
- Contains 720 STEM Question Cards
 - 120 questions for each team
 - 30 questions for each category
- Targets Grades 3-6



Scan QR Code to Learn More About STEM Skillastics®



Be Fit 2 Learn Skillastics® Math [GFF11]

Be Fit 2 Learn Skillastics® Math provides the perfect combination of cooperative learning, physical literacy, and mathematics created specifically for the classroom or small spaces. Students experience increased learning outcomes and enhanced team-building and cooperative learning skills. Customized for 2nd, 3rd, 4th, 5th, and 6th grades.



- Compliments the National Math Standards
- Oversize mat reduced in size (36" x 46"), conducive for classroom environment
- Contains 360 question cards
 - 60 questions for each team, divided into four categories (i.e., Addition, Subtraction, Money, Time)
- **Add-On Option:** Customized Math Question Template for 2-6 grade levels, adding unlimited math questioning
- Grade appropriate math questions customized for Grades 2-6



Scan QR Code to Learn More About Be Fit 2 Learn Skillastics®

SEL/Character Skillastics® Activity Kits



Scan QR Code to Learn More About SEL/Character Skillastics®



Character is Cool Skillastics® [GFF09]

Character is Cool Skillastics® creatively combines character traits with physical activity. Each of the 26 activities are associated with a specific character trait. This allows instructors to expand on each character trait through step-by-step daily lessons or mindfulness digital instruction.

- Aligned with the SEL Core Competencies
- Teamwork and leadership activities
- Targets Grades 3-8
- Includes digital programming lessons from a Mindfulness Specialist
- Group or staff lead discussions

Early Childhood Skillastics® Activity Kits



Scan QR Code to Learn More About Halfpint Skillastics®



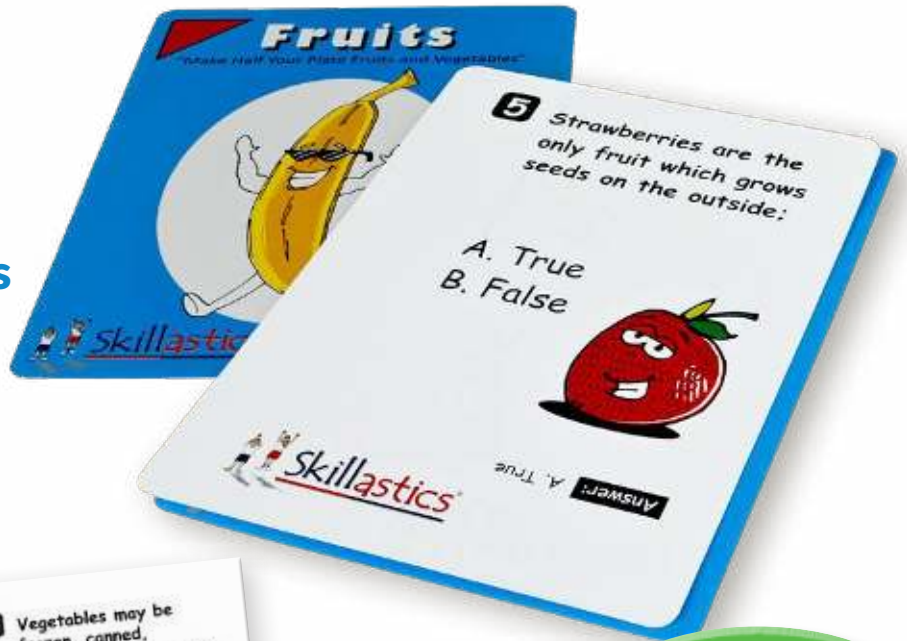
Halfpint Skillastics® [GFF03 / GFF03S - English/Spanish]

Halfpint Skillastics® (introduces young children (ages 3-5) to a variety of movement skills and encourages creativity and imagination in a non-competitive but active environment. The activities are developmentally appropriate and help children improve color and shape recognition. Reinforce movement and learning by including the **K-2 Physical Activity** and **A World that Grooves** 30-day Digital Specialty Programs.

Nutrition Integration

Skillastics® Add-On Options

Increasing children's knowledge about nutrition is essential in the development of healthy eating habits. The Skillastics® Nutritional Cards are mega packs of nutrition-based questions that get children excited about learning. Whether combined with many of our Skillastics® Activity Kits or used alone, nutrition education has never been so fun!



Add-on Option: Customized Nutrition Question Template, adding Unlimited Questioning



Skillastics® Secondary Nutritional Cards
Contains 360 questions, 60 questions for each team

- Compliments MyPlate®
- Targets Grades 6-12

Skillastics® Elementary Nutritional Cards
Contains 630 questions, 105 questions for each team

- Compliments MyPlate®
- Targets Grades 2-5



Seal Represents Skillastics® Activity Kit Integration Approved!



Scan QR Code to Learn How to Integrate Nutrition with Your Activity Kits!

Digital Specialty

Skillastics® Programming

Bring national experts to your program with over **25 Specialty Programs** to choose from! Expose your students to programs that they may have never had the opportunity to experience.

These **self-run** programs are **30 days** in length, with each day having a **30-40-minute lesson**. Examples of these programs are: **Martial Arts, Mindfulness, Yoga, Folklorico, and so much more!** Our online dashboard makes it simple for your staff to access and operate these programs. You can use them remotely or on-site! Simply share via Zoom, or project on a screen or wall on-site, and watch your students move, learn, and have fun!



Early Childhood Digital Program
Installs Healthy Lifestyle Habits



Martial Arts Digital Programs
Develops Discipline & Builds Confidence



Mindfulness Digital Programs
Journal, Move, Learn, Meditate

Project Digital Specialty Programs on a wall, screen, or whiteboard, and watch your kids follow along.



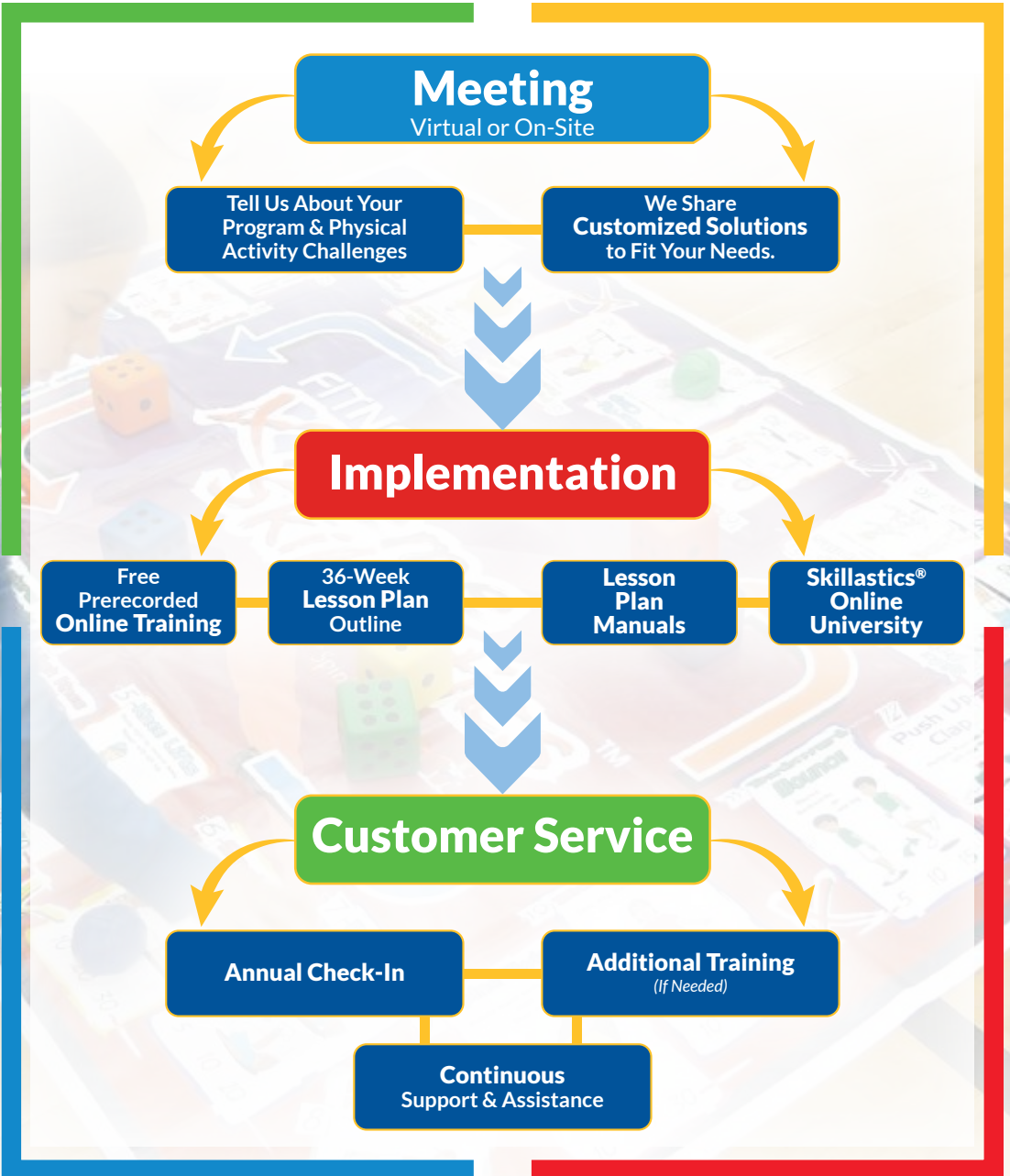
Scan QR Code to Learn More About Our Digital Specialty Programming!



“Think Together has been working with Skillastics® for a couple of years now, implementing both Skillastics® Activity Kits and Digital Specialty Programs at multiple sites with the intention of ensuring Skillastics® is a resource to students and staff we serve organization wide. Skillastics® is top of mind when it comes to quality physical activity with our partners.”

–Mark Bayaua

Director of Program Innovation at
THINK Together



Implement Skillastics® In Your After School Program Today!

Our Team Makes Getting Started Easy.

The Flowchart Above Explains the Process for Implementing the Skillastics® Program in Your Organization.



Scan the QR Code to Learn More About Our Mission and How Skillastics® Can Help You.



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